FOCUS ON FAMINE

# ‘It’s hard to be hopeful in this horrible situation’

Adil Al-Serri, metroNEWS *plus* metroVIEWS

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metroVIEWS

# THE CYCLE CONTINUES

## Volunteer saves University of Winnipeg Bike Lab

metroNEWS

Madison Zienkiewicz rallied support for funding and made her case at a student association board meeting.
LYLE STAFFORD/FOR METRO

# More animals found earless

Police in southwestern Manitoba are investigating more cases of animals found dead with their ears cut off.

Brandon RCMP say three coyotes and a raccoon were discovered in the same area where a pony’s remains were found a few days ago.

A dead goat was along the same road in the Rural Municipality of Whitewater, about 15 kilometres south of Brandon.

Mounties say the same woman came across all the animals.

RCMP Const. Tyler Schryvers said the goat was the first carcass to be found late last week.

“It was unusual because the legs were bound behind and the ears were also removed,” he said.

“It’s unclear exactly how long the animal was there for, but we think with the thawing snow it could have been for a little bit of time.”

It’s not known when the other animals were left as there were different levels of snow cover.

THE CANADIAN PRESS

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Smurfette removed from movie posters in Israel to avoid offending ultra-Orthodox community.

# Motor Inn project draws anger

DEVELOPMENT

## Osbourne Village plan latest test for community

Jessica Botelho-Urbanski
Metro | Winnipeg

News of plans to turn the Osborne Village Motor Inn into micro-apartments spurred social media backlash on Monday.

The mixed-use plans being considered would see commercial space on the main and basement floors, with tiny rental units available on the upper levels starting next spring, said Ken Yee, senior vice-president with Cushman Wakefield Winnipeg.

The suites would range in size from 275 to 450 square feet with rents spanning $975 to $1,400, Yee said.

"I wouldn't ever pay these prices for such a tiny place," one Metro reader commented on Facebook. "But that's me, I'm sure someone will."

"OMG!!!!!!! Let's pay WAY too much money for tiny apartments next to a fire hall! This is what everybody will want!" said another reader.

"This idea gave me cancer," a third person wrote.

Jino Distasio, director of the Institute of Urban Studies at the University of Winnipeg, said the compact living arrangements being proposed are already popular in other cities, but have rarely been tested here.

The plans include commercial space on the main and basement floors, with tiny rental units on the upper levels. CONTRIBUTED

"The market ends up dictating whether or not it works in Winnipeg," he said. "(After) the immediate reaction (by readers), maybe the developers are scratching their heads and thinking, 'Do we need to workshop this a bit more?'"

Distasio said Osborne Village residents are traditionally protective of their neighbourhood.

"Anytime something happens in the Village there is an immediate mobilization of scrutiny," he said. "This is a pretty visible location so I think people were hoping for a signature something."

Local historian Christian Cassidy has been researching the history of the Osborne Village Motor Inn.

> **I wouldn't ever pay these prices for such a tiny place.**
> Metro reader on Facebook

Built in 1965 by Champs Food International—the Canadian franchise owners of Kentucky Fried Chicken—the inn was built during a "peak time" for motels in Winnipeg, Cassidy said. It was also the same year the Sherbrook Inn and the Dakota Motor Hotel were built.

The Osborne inn had 32 rooms, air-conditioning, a conference room for 250 people and four restaurants and lounges when it opened.

In 1970, Champs opted out of the motel industry to focus on fast food. They sold the inn to National Promotions—part of the K-Tel company—who renamed it the Plaza Motor Inn.

The Green family bought the motel next in 1978, rechristened it the Osborne Village Motor Inn, and held onto it until the building's closure in 2015.

Cassidy hopes the building's history is somewhat preserved by the new developers. Although they don't have any plans to bring in a new music venue, the arts have long clung to the spirit of the space.

"Right from day one, from the original Rolls Royce Piano Lounge up to Ozzy's, there was always a big entertainment component to it," said Cassidy, who hopes the exterior of the building will remain, though the interior is being gutted.

"The building itself, I think, stood the test of time," he said. "I don't know if they'll decide to paint the brown brick white or put shiny baubles hanging from it or something. I don't think they could really improve on the building. It's a very smart, urban motel."

### TIMELINE
### Local drama

Osborne Village has seen a series of citizen uproars over city planning issues, including (but not limited to) these three incidents.

**2004**

A proposal to replace the Gas Station Arts Centre with a Giant Tiger store caused outrage and was shot down.

**2005**

The Safeway opened on River Avenue after years of consultations and concerns about parking swallowing Village space. Plans for a Safeway gas bar were also scrapped.

**2011**

Expansion plans for the Shoppers Drug Mart on Osborne St. ousted Vietnamese restaurant Vi-Ann from its former location.

# University bike lab saved

GETTING AROUND

## Association allocated $10K to keep it open in the summer

Braeden Jones
Metro | Winnipeg

Squeaky wheels can continue to get greased well into the summer, since one volunteer of the University of Winnipeg Bike Lab proved that old adage true this week.

On Monday night, Madison Zienkiewicz went to the University of Winnipeg Student's Association (UWSA) board meeting and stopped it from being shuttered for spring and summer.

Earlier in March, Zienkiewicz learned the bike lab would close by the end of April and remain shut down for the prime cycling season because of a budget "oversight" following its move.

It was closed in May 2016 during a relocation to a more visible location on campus, so summer operations were removed from the budget and then not replaced.

> **I think having it open during the spring and summer is logical, people are biking more.**
> Kevin Settee

In an earlier interview, Tiffani Sawatsky, who manages the bike lab, confirmed for Metro that the community repair hub just "doesn't have the funding to be open year-round" like it once did, an issue compounded by the fact that its few part-time staff became unionized and (the UWSA) implemented a "living wage," raising costs slightly.

All of that meant the bike lab, funded through a $2 student levy, would likely close by the end of April like other student services.

Zienkiewicz responded by surveying fellow students, rallying support through a petition, and eventually attending a UWSA board meeting Monday night, where she made her case for keeping the bike lab open for when cyclists from the university and broader community need it most.

"What I had to do was go to the board, convince them it was worth it, give them the whole spiel," Zienkiewicz said.

From there, she noted executive members including Kevin Settee and Sadie-Phoenix Lavoie backed her cause.

"They talked about what the bike lab does for the community, what it could do with more funding," she said.

Settee said he understood where Zienkiewicz was coming from after she invited him to the bike lab before Monday's meeting.

"There were some volunteers that weren't too happy about the bike lab being closed," he said. "I think having it open during the spring and summer is logical, people are biking more… it obviously promotes health and wellness, you're helping the community, there's a bunch of different good things.

"So I told (Zienkiewicz) if you really want, come to the board meeting and talk about the importance of the bike lab."

In the end, the UWSA passed a motion to keep the bike lab open for the summer with a one-time allocation of $10,000 that will be made official Wednesday.

"That's enough money to keep it open for 12 hours per week," Settee said, adding the UWSA is "going to have to shift some things around in the budget."

He explained that long-term, sustainable operations depend on the levy increasing, or partial closure during a different time of year, as the budget the UWSA is currently working with can keep it open for just nine months.

"What happens over the summer — how many volunteers show up, how much students use it, how much it's wanted — if it goes well, the operating levy might go up," Settee said, floating $5 as a number that could substantially change the bike lab's financial situation.

But whether the levy should go up at all would be up to students, likely put to the U of W population through a referendum in October.

Zienkiewicz said she feels "accomplished" after preventing it from closing this spring, and will continue to donate her volunteer time to her new "end game" of having that referendum pass.

Madison Zienkiewicz is a volunteer at the University of Winnipeg Bike Lab. LYLE STAFFORD/FOR METRO

The UWSA passed a motion to keep the lab open for the summer with a one-time allocation of $10,000. LYLE STAFFORD/FOR METRO

## Winnipeg DIGEST

**First missing, murdered women hearing May 29**

The long-awaited national inquiry into missing and murdered indigenous women and girls will hold its first hearing with families on May 29 in Whitehorse.

Over the next two months, commissioners will hold a series of regional advisory meetings across the country to get input from survivors and families.

The meetings — mandated in the inquiry's terms of reference — will take place in Whitehorse, northern B.C., Saskatoon, Edmonton, Winnipeg, Thunder Bay and Halifax.

THE CANADIAN PRESS

**Thieves run off with $20K of canola seed**

A southern Manitoba farm is running short on canola seed, after thieves made off with $20,000 worth of the supply last week.

On March 19, Carberry RCMP received report of a silo break-in on a rural property off Highway 2, about 10 kilometres west of Glenboro.

The suspects brought a grain auger to the farm and used it to remove the canola seed from the silo.

They then left the auger behind and drove off with their newly filled grain truck.

LUCY SCHOLEY/METRO

**Manitoba reducing ambulance fees to $425**

Ambulance fees are going down slightly in Manitoba starting Saturday.

Health Minister Kelvin Goertzen says ambulance fees will go down to $425 or the base fee charged by the service provider if it is lower.

Ambulance fees were reduced at the beginning of the year bringing them down a total of $50.

THE CANADIAN PRESS

LEISURE

# British death cafe concept to live on in Winnipeg

Jessica Botelho-Urbanski
Metro | Winnipeg

Two Winnipeggers are vying to make talking about death a piece of cake.

Dianne Baker and Jackie Avent are hosting a death cafe at Fools and Horses Coffee Company Wednesday evening.

Death cafes originated in England in 2011 as a way for people to talk about death in a comfortable space, while drinking tea and eating cake.

More than 4,300 such events have been held around the world since, according to the Death Cafe website.

Registration filled up fast for the Winnipeg event, which can only fit 50 people. The waitlist is nearly 20 deep, Baker said Tuesday, and so the organizers are planning a follow-up event in the coming weeks.

"(Dying) is a universal experience that we're all going to share. So why don't we make space to talk about it in ways that are meaningful and respectful?" Baker said.

"The fact that (death) is the agenda gives people the permission to raise it without feeling like they're going to be perceived as being morbid or peculiar in some way."

Avent encouraged past participants to start their own death cafes, too.

"Once you've attended one or become involved, all you have to do is create the space," she said.

"Come and talk about death and eat some cake. That's a very simple concept."

Last November, the pair hosted a death cafe at the Fort Rouge Leisure Centre, which attracted 40 people from around the ages of 16 to 80, Baker said.

Though they prepared conversation prompts in envelopes, no one reached for them. Conversations flowed easily and there were some tears shed.

"It was emotional because some people had some recent experiences (with death) that were very poignant and very close to them," Baker said.

"There were also times when people just told stories of absolutely beautiful experiences of saying goodbye to a loved one (that) stirred compassionate tears."

"The flavour of what the event is going to be like is really brought by the participants themselves," Avent added.

Feedback from guests in November was "overwhelmingly positive," according to Baker, with a few people expressing how "inspired and uplifted" they felt afterward.

Baker and Avent are also planning subsequent events, including a free movie night at Sturgeon Creek United Church April 21 and home funeral practicum workshops on April 22, 23, 25 and 26.

For more information, find the Community Deathcare Manitoba group on Facebook.

# ENIGMA ESCAPES

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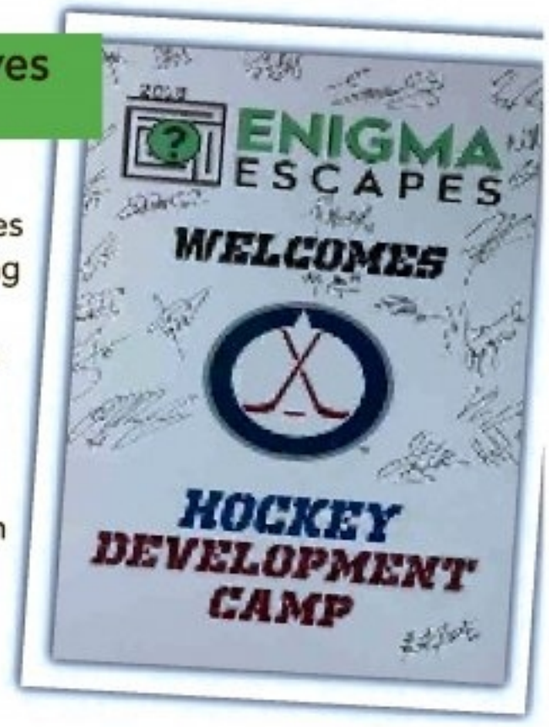


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# Flagging a long, long wait time

CANADA

## Order your free Peace Tower flag now, enjoy in 60 odd years

Ryan Tumilty
Metro | Ottawa

If you're looking to fly a Peace Tower flag on your own flagpole, your wish can come true — but it'll take a while.

Since 1994, every Canadian has been eligible to receive a flag from the tower or from a few other spots on Parliament, free of charge. But the waiting list is getting very long.

I should know.

I filed a request two weeks ago and, as of today, I can expect to wait 68 years to receive my very special maple leaf.

Given my age (34) and what I know about my genetic makeup — not to mention my approach to exercise and diet — the best I can reasonably hope for is that the flag will be lovingly placed over my coffin after a flying electric hearse has delivered my 102-year-old body to, I hope, a well-attended service sometime in 2085.

My nephew, born last month, might receive the flag, which I plan to put in my will, as a retirement gift.

Magda Hovjacky, director of ministerial correspondence for Public Services Canada, said Canadians understand the symbolic and sentimental value added to the flag itself, which measures 2.3 metres by 4.6 metres. And that, she said, explains why the waiting list has unfurled to such prodigious lengths in recent years (Canadians receiving flags today applied a mere 12 years ago, in 2005.)

> **To receive a flag flown from Parliament Hill is to receive a piece of our history.**
> Magda Hovjacky

"To receive a flag flown from Parliament Hill is to receive a piece of our history," she said. "Accelerating this journey would take away from its uniqueness."

Flags from West and East Block are also available, but even they would take 55 years to arrive if you placed your request today.

Hovjacky said that, since the program first launched, more people have come to learn about it and have become interested.

She said that when the department reaches out to confirm an address before sending a flag, the recipient is always excited.

"We get a lot of photos of people with the flag they received. We get a lot of appreciation of that," she said.

Hovjacky expects another swell in applications this year, in honour of Canada's 150th anniversary.

Centre Block and the Peace Tower are expected to closed for a massive rehabilitation next year, but Hovjacky said the main flag will still be changed daily — weather and safety permitting — throughout the project.

Any Canadian can request for a free Peace Tower flag but they may face a wait of several decades.
ADRIAN WYLD/THE CANADIAN PRESS

SECURITY

## Feds pondering device ban on airplanes

A team of Transport Canada officials has travelled to Brussels for meetings to assess the latest intelligence, as Canada continues to weigh whether to bar passengers from carrying certain electronic devices onboard commercial flights.

Transport Minister Marc Garneau made the announcement Tuesday as the government considers whether to follow the lead of the United States and the United Kingdom and impose the ban.

"My officials are in Brussels to attend meetings with a core group of allies and experts on the issue of banned electronics in the cabin of aircraft. We are carefully assessing information of concern with partners," Garneau said in a statement.

Canada is considering banning all devices larger than cellphones on airplanes. TORSTAR NEWS SERVICE FILE

Garneau said that the federal government works with the U.S., Australia and countries across Europe to "develop common approaches and best practices that incorporate security priorities, minimize impacts on traveller experience and recognize concerns of potentially affected countries."

The United States announced last week that passengers travelling from eight mainly Middle Eastern countries would be forbidden from carrying on electronics larger than a cellphone.
TORSTAR NEWS SERVICE

GERMANY

## Stolen gold coin likely already melted down

A former RCMP organized crime specialist has some ideas of what happened to the world's largest and purest gold coin, a 221-pound Canadian whopper called The Big Maple Leaf — stolen this week from the Bode Museum in Berlin.

"It could be melted into slabs already," said Chris Mathers, who worked undercover for years against organized crime groups and now heads a Toronto-based security company.

The Big Maple Leaf is almost pure gold, making it into the Guinness Book of Records for its purity of 999.99/1000 gold.

While the coin's face value is 1 million Canadian dollars, its gold content alone is worth about six times as much.

There's a chance they might try to ransom the gold back, but that involves a high level of risk. Far better to sell it to someone von the international black market, Mathers said.

"There are plenty of people who will take it."
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FOCUS ON FAMINE DAY 3

# UN starved of funds to deal with crisis

FUNDING

## U.S. plan to cut aid could have far-ranging effects

The world's largest humanitarian crisis in 70 years has been declared in three African countries on the brink of famine, just as President Donald Trump's proposed foreign aid cuts threaten to pull the United States from its historic role as the world's top emergency donor.

If the deep cuts are approved by Congress and the U.S. does not contribute to Africa's current crisis, experts warn that the continent's growing drought and famine could have far-ranging effects, including a new wave of migrants heading to Europe and possibly more support for Islamic extremist groups.

The conflict-fueled hunger crises in Nigeria, Somalia and South Sudan have culminated in a trio of potential famines hitting almost simultaneously. Nearly 16 million people in the three countries are at risk of dying within months.

Famine already has been declared in two counties of South Sudan and 1 million people there are on the brink of dying from a lack of food, UN officials have said. Somalia has declared a state of emergency over drought and 2.9 million of its people face a food crisis that could become a famine, according to the UN. And in northeastern Nigeria, severe malnutrition is widespread in areas affected by violence from Boko Haram extremists.

"We are facing the largest humanitarian crisis since the creation of the United Nations," Stephen O'Brien, the UN humanitarian chief, told the UN Security Council after a visit this month to Somalia and South Sudan.

At least $4.4 billion is needed by the end of March to avert a hunger "catastrophe" in Nigeria, Somalia, South Sudan, and Yemen, UN Secretary-General Antonio Guterres said in late February.

> **We are facing the largest humanitarian crisis since the creation of the United Nations.**
> Stephen O'Brien, UN humanitarian chief

But according to UN data, only 10 per cent of the necessary funds have been received so far.

Trump's proposed budget would "absolutely" cut programs that help some of the most vulnerable people on Earth, Mick Mulvaney, the president's budget director, told reporters last week. The budget would "spend less money on people overseas and more money on people back home," he said.

The United States traditionally has been the largest donor to the UN and gives more foreign aid to Africa than any other continent. In 2016 it gave more than $2 billion to the UN's World Food Program, or almost a quarter of its total budget. That is expected to be reduced under Trump's proposed budget, according to former and current U.S. government officials.

**Mothers wait with their children to receive therapeutic milk to help combat the malnutrition their children are suffering from, in Juba, South Sudan.** UNICEF VIA THE ASSOCIATED PRESS

"I've never seen this kind of threat to what otherwise has been a bipartisan consensus that food aid and humanitarian assistance programs are morally essential and critical to our security," Steven Feldstein, a former deputy assistant secretary of state in the Obama administration, said.

The hunger crises in Nigeria, Somalia and South Sudan are all the more painful because they are man-made, experts said, though climate change has had some impact on Somalia and Nigeria's situations, said J. Peter Pham, the head of the Africa Center at the Atlantic Council.

South Sudan has been entrenched in civil war since late 2013 that has killed tens of thousands and prevented widespread cultivation of food. In Nigeria and Somalia, extremist groups Boko Haram and al-Shabab have proven stubborn to defeat, and both Islamic organizations still hold territory that complicates aid efforts.

If Trump's foreign aid cuts are approved, the humanitarian funding burden for the crises would shift to other large donors like Britain. But the U.S.'s influential role in rallying global support will slip.

"Without significant contributions from the U.S. government, it is less able to catalyze contributions from other donors and meet even minimal life-saving needs," Nancy Lindborg, president of the United States Institute of Peace, said in prepared remarks to the Senate Foreign Relations Committee on Wednesday.

Meanwhile, neighbouring African countries will feel the immediate consequences of famine, experts said. On Thursday, the UN refugee chief said Uganda was at a "breaking point" after more than 570,000 South Sudanese refugees had arrived since July alone.

Others fleeing hunger could aim for Europe instead.

"We are going to see pressure on neighbouring countries, in some cases people joining traditional migration routes both from the Sahel into Europe, or south into various destinations in Africa," Joseph Siegle, director of research at the Africa Center for Strategic Studies, told the AP.

"You have 19 countries facing some degree of food stress in Africa, and three of them are facing famine conditions. All three of them are facing conflict, and the vast majority of the countries facing more serious crises are non-democratic governments," Siegle said.

He described a series of possible consequences. Most likely there will be increased flows of people migrating from Somalia and the vast Sahel region north into Libya, where trafficking routes are a valuable source of finance for the Islamic State, he said.

Closer to home, people from South Sudan and Somalia seeking food likely will strain the resources of neighbouring countries where political will and goodwill to refugees can be fleeting, said Mohammed Abdiker, director of operations and emergencies with the International Organization for Migration. The regional consequences will depend on how the international community responds, Abdiker said.

THE ASSOCIATED PRESS

**FOCUS ON FAMINE** **DAY 3: Yemen**

Displaced children stand outside their tent in the Dharwan camp of Amran province, north of Yemen's capital of Sanaa. The ongoing conflict has pushed thousands of children into severe malnutrition.
GETTY IMAGES

# Yemenis fight to keep hope alive

## Millions have been displaced as war hampers humanitarian intervention

**Gilbert Ngabo**
Metro | Toronto

Wyle Baoween isn't sure if he'll ever realize his dream.

The Yemeni-Canadian entrepreneur based in Vancouver has always wanted to go back to his native country and start a business. But the ongoing war and a looming famine have left his hopes in shambles.

"I'm very devastated," said Baoween of the emergency that's left millions of Yemenis on the brink of a famine and pushed thousands of children into acute malnutrition.

"Yemen was already the poorest country in the Middle East, and now even the little hope that was there is ruined."

The United Nations has already declared the situation in Yemen the largest humanitarian crisis in the world, with two-thirds of the entire population in need of immediate assistance.

Over three million people have been displaced, and humanitarian interventions are hampered by ongoing hostilities.

After visiting the country earlier in March, a UN official

told the Security Council that $2.1 billion in funding is needed to save at least 12 million Yemenis — otherwise they will "simply starve to death."

Baoween, whose family members are "scattered all over the world" due to the conflict, said he's worried about Yemen's future.

> **We don't really know what else to do.**
> Adil Al-Serri

"No one is working; militias are taking kids and forcing them into fighting. It's just scary," he said.

Adil Al-Serri, a Yemeni living in Toronto since 2008, said his father owns a grocery store in Sanaa, but people have been "simply taking stuff out" without paying.

"He's going out of business because no one has money to pay," said Al-Serri. He's heard stories of people trying to sell off their cars and clothes in order to buy food.

Members of the Yemeni-Canadian community are collecting donations to send to the country through different NGOs working on the ground.

"We don't really know what else to do, but it's hard to be hopeful in this horrible situation," he said.

### BY THE NUMBERS | YEMEN

**$173 million** / **$2.1 billion**
Total funds raised so far / Funds required to avert a famine

**3 out of 4**
Yemen has a population of 24.4 million. Of those, **18.8 million people are food insecure**

**500,000**
Children under five suffering from acute malnutrition

SOURCE: UN OFFICE FOR THE COORDINATION OF HUMANITARIAN AFFAIRS

### HOW YOU CAN HELP

Yemeni-Canadians across the country are leading efforts to collect funds and donate.

- **Tihamah Hunger Crisis:** A relief campaign led by Islamic Relief Canada has raised over $8,000 to fight hunger in northern Yemen. More info at islamicreliefcanada.org
- **World Food Program Canada:** The UN branch runs operations inside Yemen and has launched an appeal for donations to avert the famine situation. For more information, visit wfp.org/facingfamine
- **World Vision:** The charity is the biggest implementing partner of the World Food Program in East Africa. Private donations can be made at worldvision.ca

### ABOUT THIS SERIES

Metro is chronicling the story through the lens of immigrants from the affected countries, with a focus on how people can get involved.

**Monday** Vicky Mochama on how Canada can step up its interventions.

**Tuesday** Focus on Somalia, and how this could be worse than 2011.

**Wednesday** Yemen, and the role of war in the ongoing famine.

**Thursday** The situation in South Sudan, the world's youngest country.

**Friday** Nigeria, with views from diaspora members and a local expat.

**READ THIS SERIES FROM THE BEGINNING**
**metronews.ca**

# Trump order pushes coal

ENERGY

## Move part of pledge to toss Obama's climate plan

Declaring "the start of a new era" in energy production, President Donald Trump signed an executive order Tuesday that he said would revive the coal industry and create jobs.

The move makes good on his campaign pledge to unravel former President Barack Obama's plan to curb global warming. The order seeks to suspend, rescind or flag for review more than a half-dozen measures in an effort to boost domestic energy production in the form of fossil fuels.

Environmental activists, including former Vice-President Al Gore, denounced the plan. But Trump said the effort would allow workers to "succeed on a level playing field for the first time in a long time."

"That is what this is all about: bringing back our jobs, bringing back our dreams and making America wealthy again," Trump said, during a ceremony at the Environmental Protection Agency headquarters, attended by a number of coal miners.

The order initiates a review of the Clean Power Plan, which restricts greenhouse gas emissions at coal-fired power plants.

The regulation, which was the former president's signature effort to curb carbon emissions, has been the subject of long-running legal challenges by Republican-led states and those who profit from burning oil, coal and gas.

But just as Obama's climate efforts were often stymied by legal challenges, environmental groups are promising to fight Trump's pro-fossil fuel agenda in court.

Trump has called global warming a "hoax" invented by the Chinese, and has repeatedly criticized the power-plant rule as an attack on American workers and the struggling U.S. coal industry.

THE ASSOCIATED PRESS

**POLITICS LEG BATTLE BACKLASH** Tuesday's Daily Mail newspaper featured on its front page a picture of Britain's Prime Minister Theresa May and Scotland's First Minister Nicola Sturgeon. The British newspaper faced a backlash for comparing the legs on show when the leaders held talks. While they clashed over Brexit, which May is set to trigger Wednesday, and Sturgeon's push for another Scottish independence referendum, the Mail spun it as a battle of the legs and focused on what could be read into their outfits and body language.

GETTY IMAGES

BRITAIN

# May urges unity as she negotiates EU exit

Prime Minister Theresa May says she will enter European Union exit talks representing everyone in Britain — including millions of EU nationals living in the U.K.

May plans to ask the EU for a divorce on Wednesday, triggering two years of negotiations before Britain's exit.

On Tuesday, May was photographed signing the letter to EU Council President Donald Tusk that will trigger Brexit — a process Britain says is irreversible.

The decision to leave the bloc has divided Britain, and left 3 million EU citizens here worried about their future.

May's office says she will tell the House of Commons Wednesday that she'll seek "the right deal for every single person in this country," including EU nationals.

She will urge Britons to unite as the country begins a "momentous journey."

THE ASSOCIATED PRESS

LGBTQ RIGHTS

# North Carolina GOP official fights to save bathroom bill

The top Republican in North Carolina's executive branch is throwing a blunt counterpunch to the Democratic governor's call to repeal the state's "bathroom bill," despite current and future economic losses stemming from the legislation that's stirred up fierce debates about gender.

Lt. Gov. Dan Forest went to Texas earlier this month to help that state pass its own "bathroom bill," and now he's back home fighting efforts to repeal HB2, the law that limits LGBTQ nondiscrimination protections and requires transgender people to use public restrooms corresponding to the sex on their birth certificate.

Forrest, a likely GOP candidate for governor in 2020, wrote an open letter to legislators this week critiquing recent proposals to get rid of the law or significantly rewrite it to satisfy outside groups.

The law has prompted some businesses to halt expansions and some entertainers and sports organizations to cancel or move events, including the NBA All-Star game in Charlotte.

An Associated Press analysis this week found that HB2 will cost the state more than $3.76 billion in lost business over a dozen years.

THE ASSOCIATED PRESS

## 150 WAYS of looking at Canada

POSTCARD NO. 57

### JACQUES CARTIER BRIDGE, MONTREAL

A HIGHLIGHT WHEN VISITING MONTREAL LAST NOVEMBER WAS OUR WALK ALONG THE JACQUES CARTIER BRIDGE. FROM THIS BRIDGE, I WAS MESMERIZED BY THE BEAUTY OF THE CITY AND THE NIGHT AND WAS REMINDED OF THE LONG HISTORY OF THE MIGHTY ST. LAWRENCE.

**JOANNE KAASHOEK**

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Wednesday, March 29, 2017

## JESSICA ALLEN ON THE IRRESISTIBLE PULL OF THE PAST

# Listen, I'm not saying my Green Gables nostalgia is better than your Beauty and the Beast nostalgia ... My point is one person's nostalgia is another person's retro-kitsch.

Beauty and the Beast has dominated the box office for the second Friday in a row.

I can only presume millions of adults — some of whom I know, and one of whom has gone back twice — are seeing the live-action remake of a 1991 Disney cartoon because they remember how they felt when they first saw it and want to feel the same feels wash over them again.

I get that. If I had been 10 when Beauty and the Beast first came out, maybe I'd be lining up to see this new tale as old as time, too. But I was in Grade 11. My jam was less Disney, more Backdraft.

I think there are two reactions to much-beloved screen remakes and reboots: The nostalgia for the original is powerful enough that you are game for whatever the reincarnation may be. Or, you hold the original so close the idea of recreating it repulses you.

Take CBC's reboot of Anne of Green Gables, Anne. Why would I want to watch the new eight-part miniseries when I can revisit the perfect 1985 Anne of Green Gables? On VHS, DVD, or Blu-Ray!

I was 10 years old when that two-part miniseries aired, which went on to enchant millions of others around the world. I would fake sick to stay home to watch it. My Barbies became Anne and her "bosom friend" Diana. And if they weren't nearby, I'd commandeer my brother's Star Wars figurines. Greedo may have once doubled as Gilbert Blythe. The relationship is serious and I am faithful.

**Even pornography has specialist categories like 'natural' and 'vintage hairy' that harken back to golden days.**

**BACK TO THE FUTURE** There are two ways to react to a reboot of a beloved cultural brand, Jessica Allen writes: Nostalgia for the original that makes you game for any reincarnation, and reverence for the original that prevents any recreation from measuring up. DISNEY, THE CANADIAN PRESS

Last week, however, I may have accidentally cheated and watched the first episode of Anne online. I almost didn't make it through the opening credits when I heard the Tragically Hip's Ahead By a Century play, because their is no Hip in my Avonlea, P.E.I., which is, yes, fictional.

But I'm glad I persevered. It's good. In fact, it's so lovely that I tuned in to the second episode. Amybeth McNulty, while more childlike than Megan Follows' red-haired orphan ever was, is a fine Anne Shirley. And while there has never been more choice casting than Colleen Dewhurst and Richard Farnsworth as Matthew and Marilla Cuthbert, the siblings who adopt Anne, Geraldine James and R.H. Thomson's performances may have elicited tears and laughter.

Listen, I'm not saying my Green Gables nostalgia is better than your Beauty and the Beast nostalgia. That's ridiculous. (But Belle basically has Stockholm Syndrome and Anne is literally a heroine.) My point is one person's nostalgia is another person's retro-kitsch. Heck, for some monsters, even the '85 Anne series may pale in comparison to Lucy Maud Montgomery's 1908 novel.

Today, it's hard to keep pace with the rebrands, remakes, and reboots; a good thousand years past before Renaissance-era folks decided to mine the culture of the Greeks and Romans. Meanwhile, Alicia Vikander is the new Lara Croft and I haven't even seen the second Tomb Raider film starring Angelina Jolie.

"There has never been a society in human history so obsessed with the culture artifacts of its own immediate past," Simon Reynolds wrote in 2011's Retromania: Pop Culture's Addiction to Its Own Past.

It's everywhere: Clothes from two decades ago are considered vintage. Even pornography, Reynolds notes, has specialist categories, like "natural" and "vintage hairy," that harken back to golden days, which are at present alive and well — at least for me.

Are we stuck in a retro rut? Look at the weekend's box office again. Power Rangers is right behind Beauty and the Beast, followed by Kong: Skull Island. Beauty and the Beast scored "the fourth-largest second weekend of all time," Variety noted, behind Star Wars: The Force Awakens, Jurassic World and The Avengers.

I wouldn't call any of the above films original.

Speaking of originals, my dad recently purchased the complete TV box sets of Twilight Zone and Have Gun Will Travel.

Calm washed over him "because those moments I spent enjoying them originally were peaceful moments in an adolescent storm," he said. "I carved out a piece of that by going back to see all those familiar faces of actors long gone, and unremembered, by even my own generation. But there they were again."

We won't get those moments back, but that doesn't stop us from trying. In that, we may all be kindred spirits.

---

**Jessica Allen** is the digital correspondent on CTV's The Social.

## VICKY MOCHAMA

# Bill 'Do more with less' Morneau needs to wake up and smell the disaster

In the middle of an unprecedented and underfunded food crisis, finance minister Bill Morneau says Canada can do more with less foreign aid.

Asked why the Liberal government's recently announced budget does not contain any additional funding for foreign aid, he said, "We do have a view that we can do more with less, and that creating economic success is important."

Morneau pointed to a development finance institution that will direct money towards private companies so that they invest in projects to reduce poverty globally. Corporate incentives, while ultimately necessary, cannot be counted on in dire scenarios where there is no foreseeable profit, such as during natural disasters and famines.

As food insecurity threatens four countries, the promise of the 2015 Liberal win – sunny ways and all – isn't being followed up by the proud internationalism of a previous era or met with the sobering sense of responsibility that propelled the party to victory.

In other years, Canada's reticence on the global stage would be cause for concern. This year, it is cause for alarm.

The United States, traditionally the largest global donor, plans to cut 28 per cent from its international spending. President Donald Trump's administration also plans to shrink its contribution to the UN budget.

OECD data shows that in 2015 Canada's official development assistance was $4.24 billion US. (Official development assistance encompasses several forms of aid including loans and grants.) Last year's budget added a modest $256 million over two years to that total. Even the addition of a $300-million development-finance institute still doesn't bring Canada anywhere close to fulfilling a long-standing commitment of contributing 0.7 percent of gross national income to development aid.

On this, we have been outpaced by Sweden, Norway, Denmark, Luxembourg and the United Kingdom. The UK is the only G7 nation that has not only met the target in recent years but did so under a Conservative government. They took it a step further by enshrining the goal in law.

The 0.7 per cent goal was pioneered by Canadian Prime Minister Lester B. Pearson. It became a key commitment of the United Nations in 1970. Canada pledged in 2005 to meet the target by 2015.

Canada has never met it.

In the meantime, there is little in the way of global leadership to meet the $4.4 billion US ask from UN agencies working to address the food crisis in northern Nigeria, South Sudan, Somalia and Yemen.

They have received only ten per cent of that money.

To 20 million people in four countries and the constellation of agencies working for them, it is a moral failing to suggest that they do more while Canada does less.

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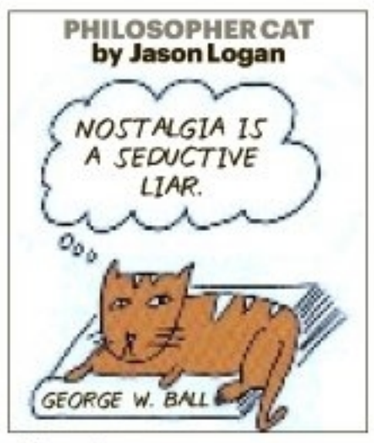


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Your essential daily news

Michael Phelps will participate in Shark Week this summer — but won't try to outswim one

FOOD TRENDS

# Silicon Valley's plant-based burger puts squeeze on meat industry

Joe Callaghan
Metro Canada

As one of the masterminds of the new foodie millennium, David Chang is always ahead of the curve.

So when the man behind Momofuku declared last summer that he had discovered a gastronomical gamechanger, we should have paid more attention.

"I was genuinely blown away," Chang said of the new addition to the menu at Momofuku Nishi, his New York hub. "It was something I knew I had to get behind."

He was referring to the Impossible Burger — an entirely plant-based burger that looks, feels, cooks, smells, tastes and even bleeds like the real thing. Less than 12 months on, it appears Chang was onto something.

Impossible Foods, the company behind the innovation that counts Google Ventures and Bill Gates amongst its backers, last week announced plans to take the burger global. The company unveiled a mass production facility close to its Silicon Valley base that will churn out up to 4 million plant patties per month.

The burger hasn't yet crossed the border, the company has plans to bring it to Canada next year. Proteins have come along in recent times, but the huge buzz and rave reviews swirling around the Impossible Burger signal this offering is different.

And that could be bad news for a Canadian meat industry fighting to maintain its place in a rapidly changing market.

"There is a rising interest in alternative meats," Mike von Massow, a professor at the University of Guelph's Food Institute told Metro. "In some cases it's relative to animal welfare, sustainability. For some people it's health. There are a number of reasons that we're seeing people — particularly with red meat — take a pause.

"That group isn't huge right now but it is growing. Will (the Impossible Burger) take half the market in the next 18 months? No, probably not. But is there a significant opportunity for growth? Yes."

# Now that's a really good fake

**The meat-free Impossible Burger, produced in Silicon Valley, is made to appeal to meat eaters, not vegetarians. "As far as where we will go in Canada, we are actually most interested in the cities where meat consumption is the highest — we are, after all, a plant-based meat made for meat lovers and we won't accomplish our environmental mission unless we appeal to the most die-hard carnivores," a company spokesperson tells Metro.** CONTRIBUTED

That growth could be all the more significant if the burger's positive reviews hold up as it hits the mass market. Impossible's breakthrough in reproducing their own plant-based heme, the molecule that naturally gives blood its colour and burgers their metallic moreishness, has been the key to their success.

"It looks great," said Sabrina Falone, director of culinary innovation at THP, a Toronto-based creative food agency. "I could definitely see how the texture could be alluring because it looks so similar to that of beef. It has that reddish hue that looks something like a medium rare cook. We all eat with our eyes first and our palates second."

As millennials and baby boomers embrace an era of unprecedented food choice, Canadians aren't eating as much meat with their eyes or palates.

Last year, beef saw its biggest annual drop in over 30 years — eight per cent according to the Canadian Cattlemen's Association. Statistics Canada's latest figures on the nation's carnivorous tendencies painted an equally stark picture.

**Given how the ethical and sustainability aspects of food play into what's becoming popular in our cities, then for sure if the Impossible Burger came to town, there would be lines around the block.** Sabrina Falone, director of culinary innovation at creative food agency THP

While Canadians consumed 32.4kg of beef per capita annually as recently as 2003, that number plummeted to 24.4kg by 2015. In the same time, pork dropped from 25.1kg to 22.6kg but chicken bucked that trend increasing from 29.8kg to 31.8kg.

**You called it meat. I don't know if it even qualifies for that, frankly. This is initially a novelty product and some people may eat it. But it goes against the trends, the move towards not wanting lab or industrial products.** Ron Davidson, senior vice-president of the Canadian Meat Council

But the industry insists they are not concerned at the potential of the Impossible Burger to further eat into sales.

"I don't think the volumes are very big yet … it will be interesting to see how much pickup they get," Ron Davidson, senior vice-president of the Canadian Meat Council, told Metro. "You called it meat. I don't know if it even qualifies for that, frankly. It's something anyway."

Davidson was bullish about the prospects of an industry that employs 66,300 Canadians. Meat exports to the Asian market remain strong. In short, their position is they have enough on their plate without worrying about the Impossible Burger.

"This is initially a novelty product and some people may eat it. But it goes against the trends, the move towards natural product; not wanting lab or industrial products," added Davidson. "We're looking at it but it's not something that today concerns us."

But as Canada's foodie hubs and the country at large have proven, trends can take off very quickly here — and stick.

"There are so many demographics that would gravitate towards it in our food culture," said Falone.

"Given how … the ethical and sustainability aspects of food play into what's becoming popular in our cities, then for sure if the Impossible Burger came to town, there would be lines around the block."

**So what's in it?** Water, Textured Wheat Protein, Coconut Oil, Potato Protein, Natural Flavors; 2% or less of: Leghemoglobin (soy), Yeast Extract, Salt, Soy Protein Isolate, Konjac Gum, Xanthan Gum, Thiamin (Vitamin B1), Zinc, Niacin, Vitamin B6, Riboflavin (Vitamin B2), Vitamin B12.

# Eager to take over the family restaurant

BUSINESS

## Asian cuisine gets a fresh face as parents pass the torch

**Pushpa Balgobin and Joe Callaghan**
For Metro Canada

When Thuy Dinh told her parents she was opening a Vietnamese restaurant, they were not quite ecstatic.

"They thought I was crazy," laughs the co-owner of Edmonton's XO Bistro + Bar.

Dinh's parents are no strangers to the restaurant business, having opened up several eateries, including Ninh Kieu Restaurant in Chinatown, after immigrating to Canada in 1989.

They knew how tough the business could be — but Dinh and her business partner Vincent Lam weren't planning just any mom and pop establishment.

Dinh is one of a growing number of people from second-generation immigrant families following in their parents' footsteps and changing the face of Asian cuisine in Canada by putting a twist on traditional fare.

XO Bistro opened earlier this year in Edmonton's Ice District, and offers Vietnamese street staples like bánh xèo, a crêpe served with meat and sprouts, and Asian-inspired cocktails.

"We wanted an amazing location and modern design, but the food was going to be traditional Vietnamese food," she said.

Dinh, who helped at her parents' restaurants all through college, said she worked with her family to create "very traditional" recipes. Her vision was "keeping the food authentic, real Vietnamese food not just fusion," she said.

In Vancouver, siblings Vincent and Amelie Nguyen were busy forging their own way in the world when fate brought them back to the family's tradition.

Their father Hoang and mother Ly had arrived in Canada from Vietnam in the early 80s and turned a pop-up noodle shop in their back garden into the beloved Pho Hoang, a Vietnamese staple in Mount Pleasant for over 30 years. But when their father passed away seven years ago, the younger Nguyens' paths changed direction.

"My sister had a whole field in public health, had done her masters in that," Vincent told Metro. "That was her goal. She had a full-time job. Me myself, I was in medical school.

> **My father passed away and I had to come back. Then I just had my calling.**
> Vincent Nguyen

"Our father passed away and I had to come back. Then I just had my calling. We both did."

Pho Hoang in its former incarnation closed down in September 2015 but Vincent and Amelie — with their mother's input — are back serving loyal customers in Anh and Chi ("brother and sister" in Vietnamese) which opened last year with a revamped feel and a fresh menu.

"Second and third generation customers are now still eating with our family," said Vincent, with Anh and Chi having scooped a number of restaurant awards in its first year in operation. "That's the reward."

Tony Phung also knows a thing or two about making a family culinary tradition his own. He saw his parents build a successful Chinese restaurant after moving to Edmonton — then lose it, when the Treasury Restaurant burnt to the ground in a 2012 fire.

When he opened his own restaurant, Grain of Rice, last year, he wanted to serve traditional Chinese dishes, but embrace local and modern flavours too.

"At the old restaurant, the first few years were horrible for them," he said of his parents' experience. "Business, corporate income tax, payroll, they didn't have a clue. "What set (Treasury) apart was the quality of the food," he said.

For many immigrant Chinese families, opening up restaurants were an economic lifeline in a new country, Phung said. His parents met in an English class in the '80s and, after years at jobs with no upward mobility, they opened their own business.

When Phung, an IT consultant, announced plans to do the same, his parents didn't understand why he'd take time away from a successful career.

"We have had family fights," he said. "My parents were so doubtful. They shied away from change but now they are overwhelmed by the foot traffic."

Thuy Dinh, co-owner of XO Bistro in Edmonton, holds the location's signature Viet Beef Carpaccio. KEVIN TUONG/FOR METRO

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# Party drugs laced with fentanyl

AWARENESS

## Wife mourns husband, warns casual drug users

Genna Buck
Metro | Toronto

Jody McLennan is speaking out after the untimely death of her 25-year-old husband from a fatal overdose she suspects was caused by fentanyl or carfentanil-laced cocaine. "Most of us are unaware that (fentanyl) is in all street drugs right now," she said. EDUARO LIMA/METRO

On Feb. 11, Oghenovo Avwunufe was a perfectly healthy 25-year-old.

He had a degree in political science, but was fuelling his passion for sneakers with a job at an Adidas store in Toronto. He was savouring the honeymoon phase of his relationship with Jody McLennan, whom he married in August.

"He was a loud person. He was always joking around. Wasn't the least bit shy. He was always having fun, making noise, dancing," McLennan, 39, said. "He had a lot of life in him."

On Feb. 12, he was dead.

The previous night, McLennan went to a show with a friend and Avwunufe had a couple of friends over.

Unbeknownst to her, he snorted a couple of lines of cocaine, which he did once in a while. He didn't even take enough for her to notice he was high.

He fell asleep. She crashed on the couch. Then, in the early hours of the morning, "I went to wake him to say we should go downstairs to bed. And he wasn't alive anymore," McLennan said. She called 911, and started CPR. But it was too late.

Police told McLennan the coke was likely laced with fentanyl, a powerful painkiller 50 to 100 times stronger than morphine. A dose the size of two grains of sand is enough to kill an adult. It's not meant for people who haven't built up a tolerance to opiates. It's dangerous to handle without gloves.

> **If I had asked him before he passed away about fentanyl, I don't think he'd even know what it was. If we both had been more educated, we could have made better choices.** Jody McLennan

Now, McLennan said, she's speaking out about the dangers of tainted street drugs in hopes that others won't become "another statistic" like her husband — one of the skyrocketing number of Canadians dying every year from opiate overdose.

Especially those who, like Avwunufe, didn't even know they were using an opiate.

Fentanyl and related painkillers, mostly made in illegal labs in China, are showing up in a huge variety of recreational street drugs — and unless you happen to be a chemist, there's no sure-fire way to spot a bad batch.

The most recent data from Canada's national drug testing lab shows that, as of March 2016, 21.6 per cent of heroin and 4.8 per cent of cocaine is contaminated with fentanyl.

The drug has also been found in methamphetamine, codeine and alprazolam (Xanax). It has even showed up in blotter sheets being sold as LSD in Manitoba.

At STS Pain Pharmacy in Victoria B.C., which specializes in addiction care, clients can bring in street drugs to have them tested for contaminants like fentanyl.

The results, said staff pharmacist Jarred Aasen, have been staggering: More than 90 per cent of the samples they've tested had fentanyl. And it wasn't just in the usual suspects like heroin and counterfeit OxyContin, but also cocaine and the popular party drug MDMA.

Dip-stick tests for detecting fentanyl — like the ones available from harm-reduction stations at some music festivals — are not all that useful, Aasen explained.

They don't tell you how much fentanyl is present. And they can't detect any of the drug's dozens of chemical variants, which are everywhere, or its much more poisonous cousin carfentanil — a large-animal anesthetic not approved for any use in humans.

"Always assume there's fentanyl," Aasen said. "And there's no safe dose (of fentanyl)."

As to why fentanyl is showing up in drugs where it has no business being? "It's a big question mark," Aasen said. It's been suggested that drug makers are using fentanyl as a filler because it's simple to make and it only takes a tiny amount to get high.

For now, McLennan would like recreational drug users to keep naloxone, a drug that can help reverse the effects of an overdose, on hand — and inform themselves about the risks.

"If I had asked him before he passed away about fentanyl, I don't think he'd even know what it was. If we both had been more educated, we could have made better choices."

### BY THE NUMBERS

**4.8%**
The percentage of cocaine contaminated with fentanyl. SOURCE: CANADA'S NATIONAL DRUG TESTING LAB

**21.6%**
The percentage of heroin contaminated with fentanyl.

**90%**
At STS Pain Pharmacy in Victoria B.C., which specializes in addiction care, more than 90 per cent of the samples they've tested had fentanyl. Along with the usual suspects, it was also found in MDMA.

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Uber puts Arizona self-driving program on hold after vehicle in high-speed collision

# New 10-speed built Ford tough

HANDOUT

REVIEW

## Second gen EcoBoost engine gives more power

Dan Ilika
AutoGuide.com

Ford has proven with its aluminum body that it is willing to take big risks with its best-selling pickup, and for 2017, the brand is introducing new technology that could ruin the way its best-seller drives.

You need only see how Jeep's launch of the jerky, unrefined nine-speed automatic in the Cherokee went over to understand how adding more gears to a transmission can complicate matters while bringing few benefits. Luckily, it looks like Ford was watching its competitors and doesn't seem to be repeating others' mistakes.

For 2017, Ford is using a new 10-speed automatic transmission connected to the top-dog 3.5-litre EcoBoost engine, which has also been heavily revised, enough so that Ford calls this the second-generation of this engine.

What this means for the consumer is that the truck has more power and it will burn less fuel. Output is rated at 370 horsepower and 470 pound-feet of torque, more torque than can be found in any other half-ton pickup at the moment and a boost compared to the previous 3.5-litre EcoBoost. However, the boost in fuel economy isn't major.

The new power is noticeable when you pour on the throttle, blasting this truck to highway speeds. Tip-in power is immediate and the small bit of lag that came along with the last-generation 3.5-litre EcoBoost is gone.

The most common issue with so many gear ratios is the transmission's programming, in other words, how it thinks. And the F-150's brain seems quite smart. Each shift is smooth and well calculated, keeping the truck in the power when necessary and upshifting often to save fuel.

Overall, the driving dynamics of the F-150 remain. This truck drives the lightest of the half-ton bunch, with the ability to tuck into a corner and feel nimble.

The medium weighting of the steering wheel provides a decent feeling in your hands, although the wheel itself is mostly lifeless and insulated from the road below it.

The only weak point of the truck after a full day of driving was fuel economy.

A basic 2017 F-150 begins at $30,049, including destination charges, while the Lariat 4×4 model that we tested with the 3.5L EcoBoost sells for about $53,000. At the top end, the F-150 Limited with a few options adds up to $75,969.

Ford has taken what was already a powerful, clever pickup truck and made it even better with some new smart engineering. And the brand isn't slowing down. In 2018, Ford will introduce a new diesel engine along with revisions to its entire F-150 engine lineup, which include this 10-speed mating to nearly all of the truck's engine options.

## THE CHECKLIST | 2017 FORD F-150

**THE BASICS**

**Engine:** 3.5-liter turbo-charged V6
**Output:** 370 horsepower, 460 pound-feet of torque
**Transmission:** 10-speed auto
**Battery size:** 28 kWh
**Fuel Economy (L/100 km):** 13.6 city, 10.3 hwy (4x4)
**Price:** Starts at $30,049. As tested $53,000.

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# Getting your classic car ready for spring

UPKEEP

## Time to dust off your ride with warm weather on the way

Dan Ilika
AutoGuide.com

If you prepped properly for winter storage, it'll be a breeze getting your sports car road-ready for spring — and much more satisfying. ISTOCK

Another dreary winter is almost behind us, which can only mean one thing: it's time to get your prized ride back into shape for spring.

The good news is that getting your car back in road-ready condition is far less labour-intensive than getting it ready for storage — though it's far more rewarding. Here's our eight-step guide to getting your classic car ready for the road.

### Air it out

If you followed our tips for proper winter storage then it's time to reap the benefits. Whether it's been stored in your own garage or another indoor storage facility, it's been under wraps for a few months now, so peel the cover off and take a step back to admire your chariot. This is also the ideal time to reverse the pest-prevention and odour-eating steps you took at the onset of winter. That means removing both the baking soda and mothballs from inside the car. This would also be the time to crack the windows and open the doors to get some fresh air inside.

### Do a thorough inspection

It's easy to get a little too eager and skip a few steps in the process, but this one is crucial. Time isn't very kind to cars, and particularly classic ones, so it's important to check for issues like cracked hoses and belts. These rubber parts can dry out quickly, and so they should be first on the inspection sheet. Equally important are components like gaskets and seals, which should be checked for possible leaks. It's all a little time-consuming, sure, but it could save on expensive service bills in the near future. Again, if you followed our winter storage tips then you'll be benefitting from the the car being on jack stands right about now.

### Check the battery and fluids

This is the point at which the decision to replace your car's fluids late last year looks like a particularly fortuitous one. Not only did doing so prevent harmful contaminants from working their way through your vehicle's vital components, but it also means it's that much closer to being road-ready.

The same goes for the battery, which should have been removed and stored separately or hooked up to a battery tender. Reconnecting the battery terminals is a big step towards getting your classic or sports car back on the road, so do it with pride.

### Prep the tires

If you removed the wheels and tires then now's a good time to put them back on. Regardless, the condition of the tires should be checked for both adequate tread life and the quality of the rubber. Rubber, like any composite material, breaks down over time and needs to be replaced. It's better to nip this potential issue in the bud. Last but not least, check to ensure there's enough air pressure in each tire before lowering it back down to solid ground.

### Fire it up for the first time

Finally, after months of leaving it idle it's time to turn the key and let your car run. If it sounds rough, well, that's probably because it's running rough.

The fuel, oil and coolant systems have been starved for months, and so it's important to let it run for 10 minutes or so to get everything operational once again. This is also the perfect time to check the dash for warning lights — something no driver wants to see when out for a night on the town.

### Cleanliness is next to godliness

Washing and waxing your car before putting it away for the winter provides an extra layer of protection against corrosion; now it's time to take it a step further. Doing the same thing before your first cruise will remove that potentially damaging layer of dust and dirt, not to mention keep your car looking its best.

### Take it for a spin

Now that it's spick and span both inside and out, it's time to take your prized possession out for its first public appearance. This isn't, however, the time to show your car off — at least, that's not the only objective. Instead, this inaugural cruise provides the perfect opportunity to check for any alignment issues or other ailments that may be affecting your automobile. Don't let your ambitions cloud your judgement; if it's running rough then it's best to deal with it as soon as possible.

### Enjoy it

Of all the steps, this is the most important. Classic car ownership is a labour of love to be sure, so be sure to love it while you can. Appreciate your time together — because winter's right around the corner.

Spring road conditions affect vehicle maneuverability and safety.
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# Rallying for an on-road adventure

COMPETITION

## Trying for first place during an amazing 1,000 km race

Dan Ilika
AutoGuide.com

**The Miata RF proved to be a tight fit for two passengers well over six feet.** DAN ILIKA/AUTOGUIDE.COM

I'm lucky to have a great relationship with my dad. So when I got the nod to represent AutoGuide.com in the 2017 Mazda Adventure Rally, I knew exactly who I wanted to bring.

Think of the rally like a three-day version of The Amazing Race for auto journalists, only instead of competing for personal accolades you're doing so in the name of charity. Fittingly, very few of the challenges take place outside of the car as you cover approximately 1,000 kilometres.

In the four-year history of the Mazda Adventure Rally, details like where it will take place or which vehicle is involved are withheld for as long as possible. We found out days before it was set to get underway that we would be heading to the Muskoka region north of Toronto.

When it came to the chariot of choice for the event, we were left guessing until the last minute. At a hotel near Toronto's airport, all 10 teams were fraternizing cautiously but cordially when our rally master revealed that we would be spending the next three days in the Miata RF.

I had driven the Miata RF just two weeks prior and its cozy confines weren't enough to comfortably accommodate my 6-foot-4 frame. That my dad stands 6-foot-3 and is built like a linebacker wouldn't work to our advantage.

### Day 1

The first leg spanned 130 kilometres and we had just over two hours to reach our destination. We also had tasks to complete along the way. Stopping to check wording on a sign — did that say 'snowplow' or 'snow plough?' — cut precious minutes from the time allotted for the leg, putting us close to a points penalty.

The second section covered about the same distance but was chock-full of the types of tight twists and turns that the Miata is made for. As scoring was announced Team AutoGuide.com had netted 17 out of a possible 20 points to put us in third place.

### Day 2

The charm of driving with the top tucked away had worn off, which meant dealing with the lack of headroom head-on.

> **The thing you may not know about automotive journalists is that most of them wish they were race car drivers. Naturally then, timed events bring with them an extra dose of competitiveness.** Dan Ilika

Along with more sign-spotting challenges, we were also tasked with finding a landmark using a photo as our only clue. To prove we found it we had to take a photo of our own with our car parked in front.

As we rounded a sweeping corner I glanced to the right and there it was: The Bala Bay Inn. We pulled into the parking lot behind a front-end loader just in time to watch four other teams cruise past without a clue.

The afternoon brought an additional pair of challenges. A fuel economy test that required us to burn as little gas as possible as we cruised through Algonquin Provincial Park. But our collective mass meant we had little chance of earning points here.

There was also a distance challenge that awarded points to teams that traveled the same distance as the baseline runs conducted by rally organizers. That meant no wrong turns.

When scores were announced we kicked ourselves — an extra 100 metres, or the distance we traveled to stop at a coffee shop, cost us a point. AutoGuide.com nabbed 27 out of a possible 32 points. The first-place team was only four points ahead.

### Day 3

Setting out on the final day, there were fewer sign-related challenges. Instead our navigation skills were put to the test. Day 3 we were given a very vague map.

If my dad's poor eyesight wasn't bad enough, staring at the map gave him motion sickness. We stopped so I could get a look and were able to get things straightened out after only one missed turn.

We collected an additional 24 points on Day 3 for a total of 68 points — seven behind the first-place team and just one behind third. AutoGuide.com didn't win, but I wouldn't say we lost either. And if I could do it all over again you know who'd be sitting right there beside me.

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"Right now we're not playing good basketball": LeBron James, whose Cavaliers fell out of first place in the East with Monday's 103-74 loss at the Spurs

## IN BRIEF

**Messi suspended for verbally abusing referee**
Lionel Messi is banned from Argentina's next four World Cup qualifying games, dealing a blow to a campaign by the 2014 runner-up that has stuttered without him.

Messi's suspension for "having directed insulting words at an assistant referee" during a home qualifier last week against Chile started on Tuesday, shortly before his teammates played Bolivia in La Paz. THE ASSOCIATED PRESS

**Sweden rallies to spoil Ronaldo's homecoming**
Cristiano Ronaldo scored on his emotional return home, but Portugal squandered a two-goal lead to lose 3-2 to Sweden in a friendly on Tuesday.

Ronaldo opened the scoring 18 minutes into his first match with the national team in his hometown of Funchal on the Madeira Islands.
THE ASSOCIATED PRESS

**Witten, Cowboys make pact through 2021**
Dallas tight end Jason Witten has signed a four-year contract extension that virtually guarantees the 14-year veteran will spend his entire career with the Cowboys.

The deal Witten, a 35-year-old two-time All-Pro, signed Tuesday runs through 2021. The extension has a maximum value of $29 million.
THE ASSOCIATED PRESS

# Stacey following in a King's footsteps

HOCKEY

## Relative of Hall of Famer set to debut with national team

Just having Hockey Hall of Famer King Clancy as her great-grandfather was exciting enough for Laura Stacey as a youngster. But as an adult, she needed to know more.

Recent conversations with her grandmother Carole Kavanagh, Clancy's daughter, made Stacey feel more connected to the man in the family photos.

"Knowing more has definitely brought me closer to that legacy," Stacey said. "Now he's more of a role model and inspiration for me in the sense that I know more about him and his life and the character he was."

The 22-year-old forward from Kleinberg, Ont., will make her world championship debut for the Canadian women's hockey team Friday in Plymouth, Mich.

An all-star defenceman, Francis (King) Clancy played 16 NHL seasons for both the Ottawa Senators and Toronto Maple Leafs between 1921 and 1937. The three-time Stanley Cup winner went on to coach, referee and work as a Leafs executive.

Clancy, who was inducted into the Hockey Hall of Fame in 1958, has been included on more than one "top 100 players of all time" lists. His son Terry, Stacey's great uncle, also played in the NHL. The King Clancy Memorial Trophy is given annually to the NHL player who demonstrates leadership qualities on and off the ice and makes exceptional contributions to the community.

Laura Stacey, great-granddaughter of King Clancy, was named the rookie of the year in the Canadian Women's Hockey League.
CANDICE WARD/HOCKEY CANADA/THE CANADIAN PRESS

> **I can only imagine how hard he had to work to get where he was.**
> Laura Stacey

Stacey found out Clancy missed almost every Christmas dinner playing hockey and would phone home apologizing for not being there.

"Now I understand how hard he worked, how passionate and determined he was to be the best," Stacey said. "Yes, it was a different era, but I can only imagine how hard he had to work to get where he was. As I get older, it makes it more special in that I know more the kind of guy he was.

"I can really cherish his legacy and do my best to follow in his footsteps."

At five-foot-10 and 156 pounds, Stacey has a booming shot and gives Canada a physical presence around the opposition's net.

She was named the rookie of the year in the Canadian Women's Hockey League with 11 goals and 13 assists in 20 games for the Brampton Thunder. THE CANADIAN PRESS

# New deal for U.S. women nixes ban

USA Hockey and the women's national team reached a wage agreement Tuesday night to avoid a boycott of the world championships.

Players and USA Hockey announced the deal in a joint statement just three days before the tournament begins in Plymouth, Mich. It's a four-year agreement that pays players outside of the six-month Olympic period.

Star forward Jocelyne Lamoureux-Davidson said by phone Tuesday night that getting a deal done "feels like a weight off our shoulders." Captain Meghan Duggan said players "stood up for what we thought was right and USA Hockey's leadership listened."

USA Hockey executive director Dave Ogrean said by phone that he's "relieved" to get a deal done.

After more than a year of negotiations over wages and equitable support, players announced March 15 that they'd boycott the world championship if significant progress wasn't made toward an agreement.

The U.S. will begin the defence of its gold medal Friday against Canada. THE ASSOCIATED PRESS

**6 of 8**

**The U.S. has won six of the past eight world championships.**

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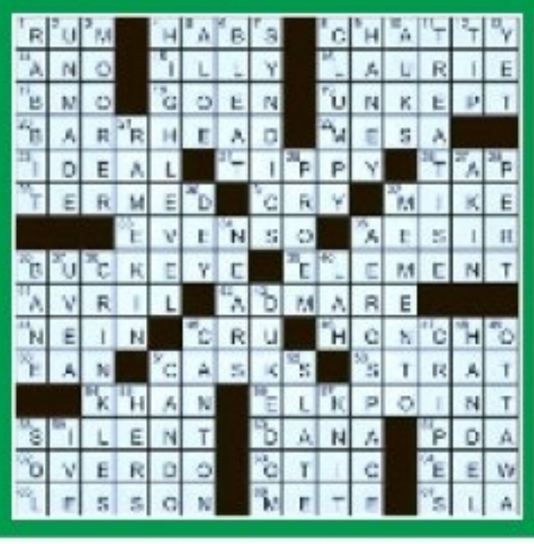

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## ✷ IT'S ALL IN THE STARS by Sally Brompton

**♈ Aries** March 21 - April 20
This is a good day for mental work, because you will be careful and will not overlook details. Furthermore, you will have the steady endurance to finish what you begin.

**♉ Taurus** April 21 - May 21
Research will go well today because your mind is steady and focused. You will stay on track, looking for what you want to find until you find it.

**♊ Gemini** May 22 - June 21
Someone older or more experienced might have excellent advice for you today. It never hurts to listen, does it?

**♋ Cancer** June 22 - July 23
A conversation with a boss or parent will be instructive today. Both parties will make progress in a practical way, especially in terms of planning.

**♌ Leo** July 24 - Aug. 23
This is a great day to study anything, because you have focus and concentration. Furthermore, you won't overlook or skip things.

**♍ Virgo** Aug. 24 - Sept. 23
Discussions about shared property, inheritances, wills and insurance issues will go well today. You will be thorough in everything you do; plus, someone more experienced might help you.

**♎ Libra** Sept. 24 - Oct. 23
Discussions with partners and close friends are serious today, because you are in a serious frame of mind. Furthermore, people who are older and more experienced will help.

**♏ Scorpio** Oct. 24 - Nov. 22
You will get a lot done at work today because you are in a practical, hands-on frame of mind. Be ready to listen to a boss or a more experienced co-worker who might help you.

**♐ Sagittarius** Nov. 23 - Dec. 21
This is a good day for practical planning regarding sports, future social occasions and anything related to kids. Get out a pen and paper, and start making a list.

**♑ Capricorn** Dec. 22 - Jan. 20
This is a good day for family discussions, especially discussions with a parent or an older family member. You will come up with practical ideas for now and in the future.

**♒ Aquarius** Jan. 21 - Feb. 19
This is an excellent day to do future planning. This planning might be personal or professional. Discussions with siblings and relatives will be serious and productive.

**♓ Pisces**
Feb. 20 - March 20
Value your moneymaking ideas today, because you are in a sensible frame of mind. You have practical ideas about how to deal with your assets.

## CONCEPTIS SUDOKU by Dave Green
Every row, column and box contains 1-9

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MAKE IT TONIGHT

# *Satisfying* Spinach and Pancetta Spaghetti

PHOTO: MAYA VISNYEI

**Ceri Marsh & Laura Keogh**
For Metro Canada

Thanks to pancetta this pasta has flavour to the power of 10 but you can also appreciate its healthy quotient of iron-packed spinach.

**Ready in 30 minutes**
Prep time: 8 minutes
Cook time: 22 minutes
Serves 4

**Ingredients**
- 250g spaghetti
- 1/3 cup oil, divided
- 1 clove garlic
- 1/2 cup diced pancetta
- 5 oz. fresh spinach
- 1 cup fresh shaved Asiago cheese

**Directions**

**1.** Bring a pot of heavily salted water (it should taste like the ocean) to boil and add pasta; cook according to package directions.

**2.** Heat a large skillet over medium heat and then add a tablespoon of oil. Add garlic and cook for about 1 minute, until fragrant. Add pancetta and cook until browned. Adjust the heat to low and then stir in the spinach and allow it to wilt.

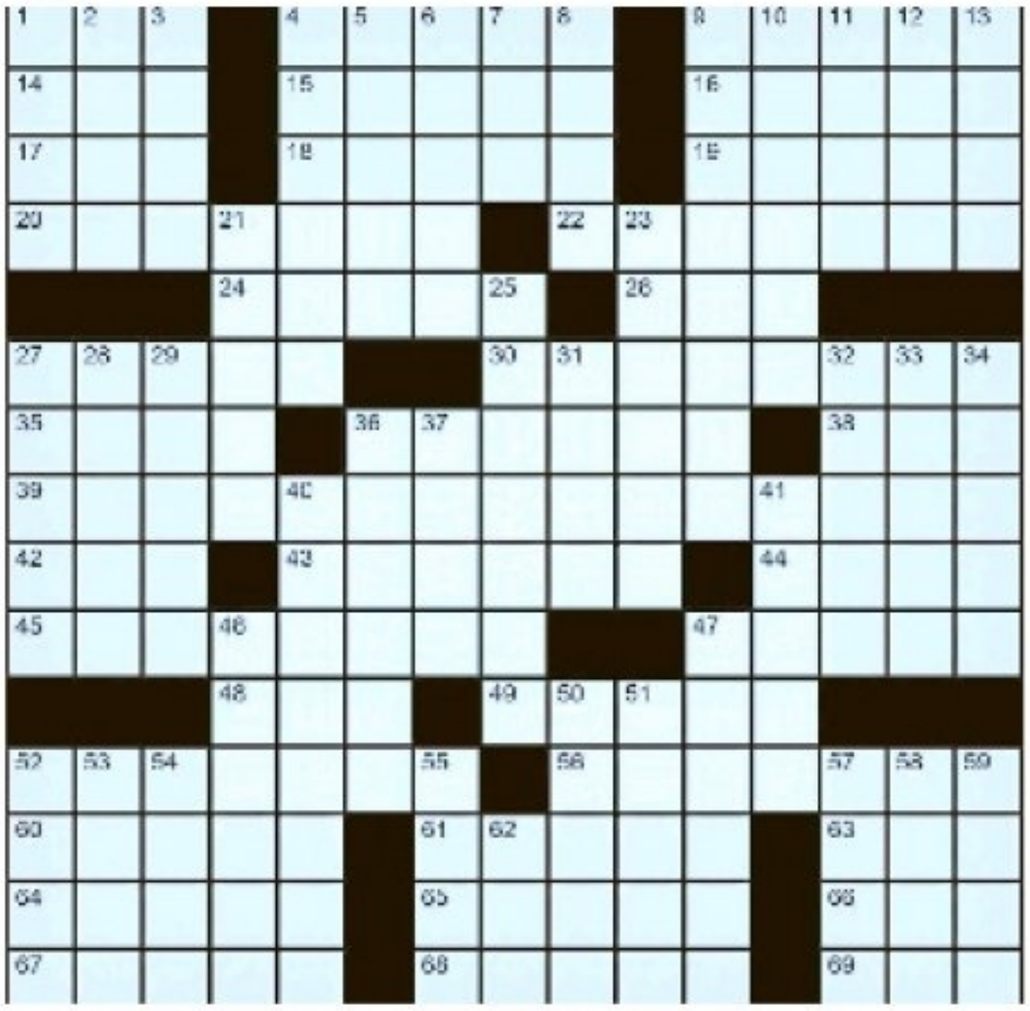
**3.** Once pasta is done, add to the pan with spinach along with the remaining oil and stir. Sprinkle pasta with asiago cheese. Remove pasta from heat and serve. Serve immediately.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

# CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ANSWERS ONLINE metronews.ca



**ACROSS**
1. Illinois' largest city, for short
4. The baby cow's
9. Suit jacket flap
14. Carry a tune, but without words
15. "Encore!"
16. Showbiz personality Ms. Stewart once married to rocker Rod
17. Austrian peak
18. Green/grey songbird
19. Carriage
20. Breezing through the test
22. Woodstock attendees
24. City in Quebec
26. Campaign
27. "Glee" actress Ms. Riley
30. Counterattack
35. Bread alternative for a sandwich
36. Groucho Marx facial feature, hip-style
38. Two-__ tissues
39. Newfoundland town on Placentia Bay: 2 wds.
42. Eyeball
43. The Beaver State
44. Filmed-one's function
45. Resembling a bird's home
47. Chesterfields
48. "Get movin'!"
49. Barnyard bedding
52. James Mattis, the current US Secretary of __
56. Reigning series, "__ Black"
25. Farms
27. Torcher's work
28. 007 portrayer Roger
29. Sniffles
31. "__ Beach" by Martha & The Muffins
32. Leslie Nielsen's movie style
33. "Be-Bop-_-__" by Gene Vincent
34. Ancient harps
36. TV show
37. William Shatner's show, "Star __"
40. Sanctitude
41. Candice Bergen show, "Murphy __"
46. From that point, archaically
47. Way to give wise advice
50. Thinks, archaically
51. Strengthen, as an embankment
52. "Grey's Anatomy" pros
53. Better Than __ (Rock band)
54. Measurement in a person's height
55. Clear cash
57. Alberta village about half an hour east of Red Deer
58. In order in the house
59. Gym bag desweater
62. Anaconda, for one
60. Earth's layer of protection
61. Higher up
63. Ms. Thompson of "Caroline in the City"
64. Dundee's fave reptiles
65. Spur's little spiked wheel
66. 'Tutor' suffix
67. Satisfies cravings
68. Downright mean
69. "Making Plans for Nigel" band

**DOWN**
1. Gent
2. Retro toy, __ Hoop
3. Pixies
4. Posh spooned-on serving with crackers
5. Cosmetic surgery concern
6. "Key __" (1948)
7. "Disgusting!", giant-style
8. Highbrow
9. Worker
10. Reunion attendees
11. Book leaf side
12. Tech sch. grad
13. __ out the plans (Shows the blueprints)
21. Extract metal from ore
23. Tatiana Maslany's

GALAS

THURSDAY, APRIL 6

Lady Like
Presented by Club Regent Casino and Event Centre
THE PANTAGES PLAYHOUSE | 7:15pm | Tickets: $35
HOST: Nikki Payne LOCAL OPENER: Ashley Burdett
CAST: Cara Connors, Fatima Dhowre, Robby Hoffman, Nathan Nacintosh, Nile Séguin, Erica Sigurdson

FRIDAY, APRIL 7

Virgin Territory
Presented by Club Regent Casino and Event Centre
THE PANTAGES PLAYHOUSE | 7:15 pm | Tickets: $35
HOST: Gavin Crawford LOCAL OPENER: Matt Falk
CAST: Martha Chaves, Ivan Decker, Adrienne Fish, Dave Hemstad, Ashley Moffatt, Derek Seguin

Good Neighbours
Presented by Club Regent Casino and Event Centre
THE PANTAGES PLAYHOUSE | 9:15 pm | Tickets: $35
HOST: Tommy Chong LOCAL OPENER: Matt Nightingale
CAST: Rob Bebenek, Sean Emeny, Mark James Heath, Deb Kimmett, Shazia Mirza, Tim Nutt

SATURDAY, APRIL 8

I Heart Love
Presented by Club Regent Casino and Event Centre
PANTAGES PLAYHOUSE THEATRE | 6:45 pm | Tickets: $35
HOST: Will Sasso LOCAL OPENER: Kate Schellenberg
CAST: Amanda Brooke Perrin, Jen Grant, Patrick Haye, Jackie Kashian, Jacob Samuel, Joe Vu

Hot Mess
Presented by Club Regent Casino and Event Centre
THE PANTAGES PLAYHOUSE | 9:15 pm | Tickets: $35
HOST: Howie Miller LOCAL OPENER: Tim Gray
CAST: Glen Foster, Julie Kim, Jeff McEnery, Kathleen McGee, Rebecca Reeds, Matt Wright

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